



### About the Facilitator:

Jennifer Bruno is a Licensed Marriage and Family Therapist and Registered Play Therapist with over 10 years of experience working with children and families. Jennifer has a Bachelor's of Arts degree in Psychology from Ithaca College and a Master's of Arts degree in Clinical Psychology from Pepperdine University. Jennifer has worked in the community, schools, and outpatient mental health clinic, and has served a wide variety of populations and diagnoses. Jennifer is an affiliate of Tree of Hope Counseling and has a private practice specializing in play therapy, family therapy, and younger children.

For more information contact:  
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Or  
Tree of Hope Counseling  
[www.treeofhopecounselingrochester.com](http://www.treeofhopecounselingrochester.com)



## Social Skills Group

Cognitive Behavioral Play Therapy Based

Children ages 5 years to 7 years  
Six Week Session



Facilitator: Jennifer Bruno LMFT, RPT

Jennifer Bruno Marriage and Family  
Therapy PLLC

## What:

Social Skills Group is based on Cognitive Behavioral Play Therapy activities aimed at teaching prosocial behavior and appropriate social interactions. Play is incorporated into activities to engage children. Each week will focus on a new activity.

## Curriculum:

Week 1: Introduction, Rules, Who's Got the Turtle?

Week 2: Magic Carpet Ride

Week 3: Hands Off! That's the Rule

Week 4: What's in the Box?

Week 5: The "Excuse Me" Game

Week 6: Termination Party

Children will receive small prizes, stickers, and candy as rewards and to motivate participation. Please let the facilitator know of any food allergies.



## Who:

- Children ages 5 years to 7 years
- Children with social deficits or social difficulties
- Children with Asperger's or High Functioning Autism Spectrum Disorder
- No children who are physically aggressive
- No children with ODD or Conduct Disorder
- Limited to 6 participants

## When:

Mondays from 4:00pm to 5:00pm

October 19, 2015 – November 23, 2015

## Where:

Executive Square

95 Allens Creek

Building 2, Suite 325

Rochester, NY 14618

## Cost:

\$180 per participant for entire 6 week session

## Payment:

Cash, Credit/HSA/FSA card, or Check made to Jennifer Bruno Marriage and Family Therapy PLLC

## Registration:

Step 1: Go to

[www.treeofhopecounselingrochester.com](http://www.treeofhopecounselingrochester.com) to complete registration form prior to October 5, 2015 or contact Jennifer Bruno by phone or email to request form

Step 2: Jennifer Bruno will contact interested participants who have completed the registration form to complete 15-20 minute complimentary phone screen and review group expectations

Step 3: Submit payment via cash, check, or credit card by October 12, 2015

\*payment is non-refundable after October 12, 2015

